



It's Bike Month: Let's Share Bicycle Breakthroughs

May 2, 2018
Hannah Williams



ABOUT US

We are a nonprofit organization that works to advance safe walking and bicycling to and from schools, to improve the health and wellbeing of kids of all races, income levels and abilities and to foster the creation of healthy communities for everyone.



WHAT WE DO

- Improve quality of life for **kids, families, and communities**
- Advance **policy change** at the federal, state, regional, and local levels
- Catalyze support for **safe, healthy, active communities**
- Share our **deep expertise**



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Webinar Housekeeping

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Audio

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Talking: Sara Zimmerman

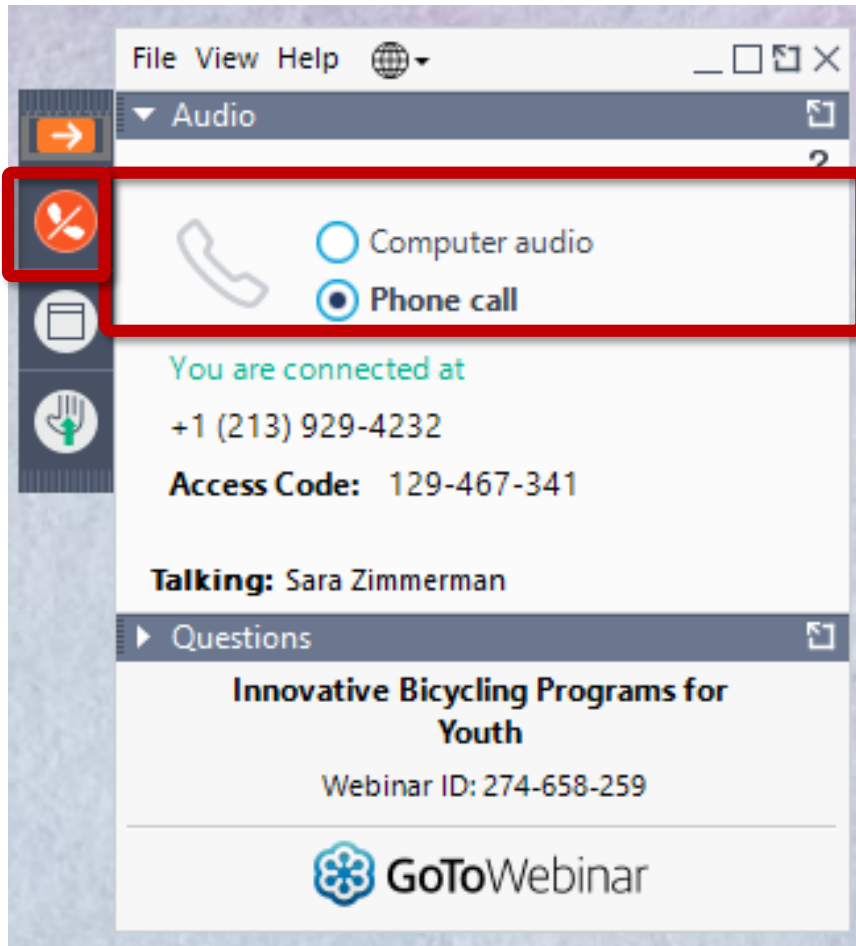
Questions

Innovative Bicycling Programs for Youth

Webinar ID: 274-658-259

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AUDIO CONTROLS



AUDIO

Open or hide your control panel

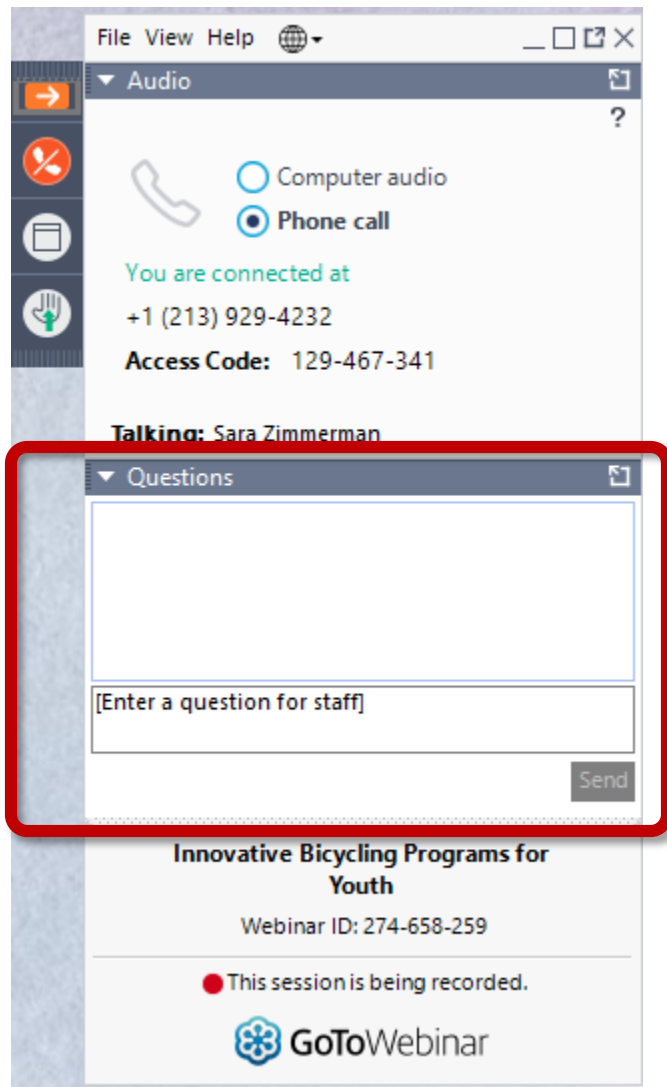
Join audio:

Choose "Telephone" and dial-in using numbers on screen

OR

Choose "Mic & Speakers" to use your computer's sound

HAVE A QUESTION?



The screenshot shows a webinar interface with a top menu bar containing 'File View Help' and a globe icon. Below the menu is a toolbar with icons for navigation and audio. The main content area is divided into two panels: 'Audio' and 'Questions'. The 'Audio' panel shows options for 'Computer audio' and 'Phone call', with 'Phone call' selected. It also displays connection information: 'You are connected at +1 (213) 929-4232' and 'Access Code: 129-467-341'. The 'Questions' panel is highlighted with a red border and contains a text input field with the placeholder text '[Enter a question for staff]' and a 'Send' button. At the bottom of the interface, the webinar title 'Innovative Cycling Programs for Youth' is displayed, along with the 'Webinar ID: 274-658-259' and a recording status indicator: 'This session is being recorded.' The GoToWebinar logo is at the bottom.

QUESTIONS & COMMENTS

Submit your text questions and comments using the Questions Panel



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Who We Are

Healthy Communities



Expert Help

Resources

Resources

- ▶ BROWSE
- ▶ ADVANCED SEARCH TOOL
- ▶ BLOG
- ▶ OUR PUBLICATIONS
- ▶ **WEBINARS**
- ▶ E-NEWS
- ▶ RESEARCH
- ▶ RECURSOS EN ESPAÑOL
- ▶ SUBMIT A SUCCESS STORY

Webinars

One of the great ways that we love to share resources and expertise is through our regular webinars. Our webinars feature our staff and incredible advocates, Safe Routes to School program staff, government officials, elected leaders, and others from around the country sharing their knowledge and learning on a diverse range of topics.

Upcoming Webinars



January 14, 2016

The New Federal Transportation Bill: What's the Impact on Safe Routes to School?

In this webinar, the National Partnership's federal policy lead, Margo Pedroso, will review the changes to TAP along with other provisions in the FAST Act that provide opportunities for Safe Routes to School funding and policies that make communities safer for walking and bicycling. This webinar will include a substantial Q&A session.

TODAY'S SPEAKERS



Rhonda Bolick

Education and Encouragement Coordinator
City of Austin, TX



Jennifer Bordon

Active Living Coordinator
Minneapolis Public Schools



Hannah Williams

Program Services Manager
Safe Routes to School National Partnership





The Wheels on the Bike Go Round & Round: How to Start a Bike Train

May 2, 2018



DEFINITION

A bike train is a safe and fun way for kids to get physical activity as they travel to and from school with adult supervision.



Safe Routes
to School
National
Partnership



BENEFITS:

- Improves health
- Helps students arrive at school ready to learn
- Increases family and community engagement
- Solves transportation issues
- Ensures a cleaner environment
- Educates pre-drivers
- Increases traffic safety skills

TOOLKIT



Safe Routes
to School
**National
Partnership**



Safe Routes
to School
**National
Partnership**



The Wheels
on the Bike Go

ROUND & ROUND



How to Get a Bike Train Rolling at Your School



California Department of
Public Health



ROLL UP TO THE STARTING LINE: INITIAL CONSIDERATIONS





WHO WILL HELP?

- **Bike train/Safe Routes to School team**
- **Group of committed friends**
- **Bike train coordinator**
- **School support**





WHAT IF OUR PRINCIPAL OR DISTRICT IS UNSUPPORTIVE?

- Share resources and information
- Work with influential people in your community
- Address problematic policies
- Changelab Solutions: “Backing Off Bike Bans,”



BIKE TRAIN PLANNING WORKSHEET

- How formal will your bike train be?
- How often will it operate?
- How many routes do you anticipate?
- Will you have an age restriction?
- Will you allow other kinds of wheels to join?



GET READY: RECRUIT AND TRAIN STUDENTS AND VOLUNTEERS





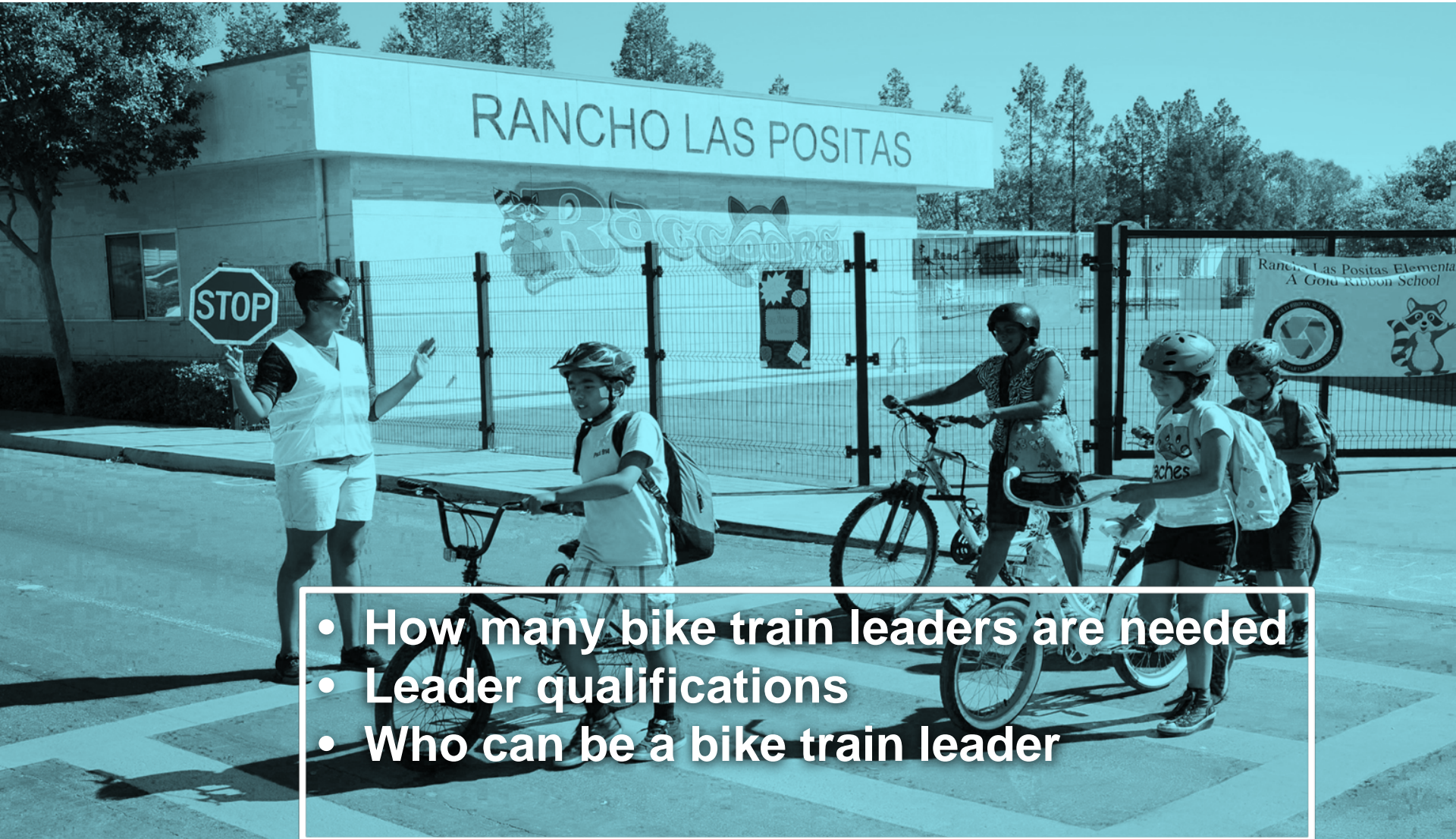
STUDENT RECRUITMENT, ASSESSMENT, AND TRAINING

- Where to find students
- How to reach students
- Be inclusive
- Brief bicycling skills test
- Equipment check
- Traffic safety talk





RECRUITING AND TRAINING BIKE TRAIN LEADERS



- How many bike train leaders are needed
- Leader qualifications
- Who can be a bike train leader



WHAT ABOUT LIABILITY?

Change Lab Solutions:

- **Safe Routes to School: Minimizing Your Liability Risk**
- **Volunteers and Liability**





GET SET: IDENTIFY YOUR BIKE TRAIN ROUTE



- Where do students live?
- How long should your ride be?
- Test ride potential routes
- Identify stops
- Time your route



RIDE! KICK OFF, RUN, AND PROMOTE YOUR PROGRAM





COOL DOWN: EVALUATE AND ADJUST YOUR PROGRAM

- Review Bike Train Leader Comment Form
- Survey students
- Survey families
- Summarize evaluations
- Celebrate and share successes
- Make adjustments
- Set the Bike Train schedule for next year



www.saferoutespartnership.org/resources/toolkit/bike-train-toolkit

Hannah Williams
Program Services Manager
Hannah@saferoutespartnership.org



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Please take our survey!



**Register for our next webinar
Engaging Students with Disabilities in Safe Routes to School
June 19, 2018 10am PT/1pm ET**

Thank you!