



Walk Audit 2.0

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Age-Friendly Community



Go for a walk



Safely cross the street



Ride a bike



Get around without a car



Live comfortably



Work or volunteer



Enjoy public places



Socialize



Spend time outdoors



Be entertained



Go shopping



Buy healthy food



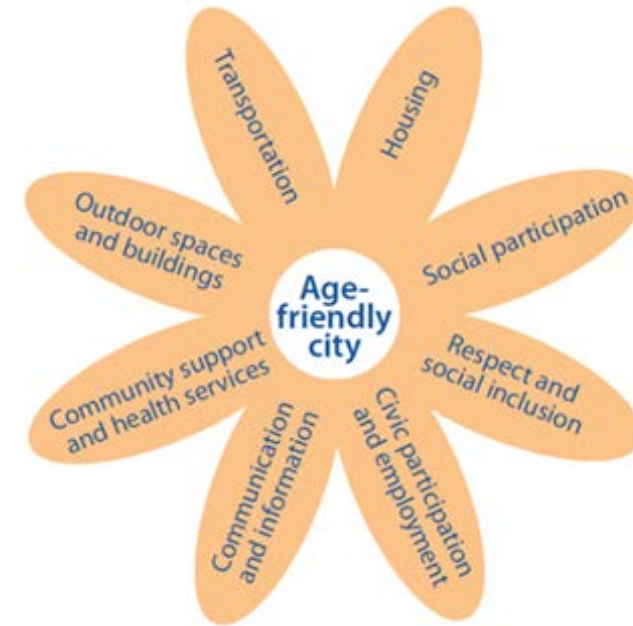
Find the services they need



... and make their city, town or neighborhood a lifelong home.



aarp.org/livable



is an inclusive and accessible environment that promotes active aging, emphasizes enablement rather than disablement, is friendly for all ages and abilities.

Mobility Options and Older Adults

- Cars and other private motorized vehicles are the predominant mode of travel for people ages 50 and older
- Walking accounts for more than three-fourths of all trips not made by personal vehicle among persons age 50 and older
- People using a combination of transportation modes have higher levels of mobility and better health outcomes
- 50+ who don't drive have significantly lower levels of outside interaction than drivers 50+
- Over 50% report they could not continue living in their current neighborhood if they could no longer drive



JSDOT FHWA, Travel Better Travel Longer

Beyond Driving: Growing Need for Mobility Options

- A man who is 70 today is likely to outlive his driving years by about 7 years
- A woman who is 70 today is likely to outlive her driving years by about 11 years.
- 4.5 million non-drivers older than age 75 today and by 2020 it is projected to grow to 6 million



Walkability: An Issue for All Ages



Photo by Hannah Twaddell

Getting there

- Promote livable design
- Promote walking and active transportation
- Advocate for safe street policies and funding
- Educate and influence decision makers
- Educate and mobilize members and general public





AARP Walk Audit Tool Kit

A step-by-step self-service guide
for assessing a community's walkability

aarp.org/walk-audit



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AARP Walk Audit Tool Kit LEADER GUIDE

How to host a walkability
workshop and community walk audit

aarp.org/walk-audit



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AARP Resources

- AARP Walk Audit Toolkit www.aarp.org/walk-audit
- Age-friendly tools and resources www.aarp.org/livable
- Livability Index www.aarp.org/livabilityindex
- AARP Oregon www.aarp.org/or

